

ADDRESSING PARKINSON'S DISEASE

PREVALENCE

Parkinson's is the **fastest-growing** neurological condition in the world

Parkinson's is the **most prevalent** neurodegenerative movement disorder

Global prevalence of Parkinson's is expected to double by 2040 from 6 million to **12 million**

100,000 Canadians have Parkinson's

Researchers call Parkinson's a **"pandemic"** due to the growing prevalence in all regions around the world

Number diagnosed with Parkinson's will be **50+ every day** in Canada by 2031

COST



Economic burden of Parkinson's disease in Canada is **\$1.21 billion**.



Parkinson's has one of the **highest direct healthcare costs** annually of any neurological disease.

45% of people with Parkinson's and care partners in Canada report it is **difficult to pay** for medical expenses related to the treatment of Parkinson's. Next to medication, **exercise** is the highest-used therapy for symptom management.

GETTING CARE

Average **wait time** to see a specialist for diagnosis of Parkinson's in Canada is **11 months** and in some regions the wait is 2+ years

3 in 5

believe regular appointments with specialists will help them live better with Parkinson's

1 in 5

report lack of access to specialists as a barrier to receiving the care they need

3 in 5

report wait times to specialists as poor or very poor

Non-motor Parkinson's symptoms are reported as having the most **negative impact** on quality of life. These symptoms include: changes in cognition and memory, fatigue, sleep disturbances, anxiety and depression.

PLAN FOR PARKINSON'S

Parkinson Canada is asking for \$100 million over five years to develop a Plan for Parkinson's that addresses the following priority areas:

- Invest \$30 million in the Canadian Open Parkinson Network (C-OPN) to accelerate research discoveries in the cause, treatment, and ultimately a cure for Parkinson's
- Increase the skilled Parkinson's workforce to promote early diagnosis and improve access to specialized multidisciplinary care
- Ensure Parkinson's treatments and therapies are affordable and available
- Improve access to care partner resources and supports
- Increase access to evidence-based community programs that improve quality of life
- Ensure access to palliative care and end-of-life options



Champion a Plan for Parkinson's. Here's how:

1. Write a letter to the Minister of Health requesting that a Plan for Parkinson's be urgently addressed
2. Share the message on social channels and use **#PlanforParkinsons** to prioritize the need



316 – 4211 Yonge Street, Toronto, ON M2P 2A9

 1.800.565.3000  info@parkinson.ca  parkinson.ca

